Scoring for the PFDI – 20 and PFIQ – 7

Pelvic Floor Distress Inventory -Short Form 20 (PFDI – 20)

The PFDI-20 has 20 items and 3 scales.
All items use the following response scale from 0 – 4:

<table>
<thead>
<tr>
<th>No; Yes</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>If yes, how much does this bother you?</td>
<td>Not at All - Somewhat - Moderately - Quite a bit</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Scales:
- Pelvic Organ Prolapse Distress Inventory 6 (POPDI –6): Questions 1 to 6
- Colo-rectal-anal Distress Inventory 8 (CRADI – 8): Questions 7 to 14
- Urinary Distress Inventory 6 (UDI – 6)

Scale scores: Obtain the mean value of all of the answered items within the corresponding scale (possible value 0-4) then multiply by 25 to obtain the scale score (range 0 to 100). Missing items are dealt with by using the mean from answered items only.

PFDI –20 Summary Score: Add the scores from the 3 scales together to obtain the summary score. (range 0 to 300)

Pelvic Floor Impact Questionnaire –Short Form 7 (PFIQ 7)

The PFIQ 7 has 7 questions and each question has 3 separate responses (one for each of 3 scales).

All of the items use the following response scale:
0 = Not at all; 1 = Somewhat; 2 = Moderately; 3 = Quite a bit

Scales:
- Urinary Impact Questionnaire (UIQ – 7) [Note: this scale is identical to the IIQ-7]
  7 items under column heading “Bladder or urine”
- Colo-rectal-anal Impact Questionnaire (CRAIQ – 7):
  7 items under column heading “Bowel or rectum”
- Pelvic Organ Prolapse Impact Questionnaire (POPIQ – 7):
  7 items under column heading “Pelvis or vagina”

Scale scores: Obtain the mean value for all of the answered items within the corresponding scale (possible value 0-3) then multiply by (100/3) to obtain the scale score (range 0 to 100). Missing items are dealt with by using the mean from answered items only.

PFIQ 7 Summary Score: Add the scores from the 3 scales together to obtain the summary score. (range 0 to 300)

Reference: